Nutritional Science

Degree TypeConcentration

Concentration Requirements

A concentration in Nutritional Science provides depth to the studies of students interested in the basics of foods and current nutrition topics. Those interested in health and wellness community programs for employment or wanting a general knowledge of these areas will obtain this knowledge through this concentration. Consists of 10 credit hours including the following:

Core Courses

Course Code	Title	Credits
ES-249	Foundation of Human Nutrition	3
FCS-307	Food Science & Safety	4
FCS-350	Life Cycle Nutrition	3
	Total Credits	10

General Education Requirements

In addition to major offerings, the Department of Health and Human Sciences contributes to the College's general education program. All students are required to develop skill in a physical activity by completing a one-credit activity course. No more than 4 credits in activity courses may be applied toward graduation.