

PSY-510 : Motivational Interviewing

Focus on motivation as the key element in personal change and health. Primary text and class information gives a detailed and action-oriented approach to engaging, focusing, evoking, and evaluating change. The course also recognizes the importance of relationship and ambivalence as substantial factors in the change process in everyday practice. Includes applied lab of 10 complete motivational interviews and formal plan for change. Specific attention for use in child & adult mental health, intellectual disabilities, brain injury, dementia, and corrections settings.

Credits 4

Term Offered

Fall Only

Session Cycle

F