

# ES-335 : Physiology of Exercise

Basic physiological concepts of the nervous, muscular and energy systems, including the effect of exercise on such functions as circulation, respiration and temperature regulation.

**Credits** 3

**Prerequisites**

[BIOL-305](#) and [BIOL-314](#); or [ES-318](#); or with instructor permission

**Term Offered**

Fall and Spring

**Session Cycle**

FS