

## ES-300X : Personal and Community Health

Examination of the multiple determinants of health and wellness from a personal and community perspective. Through service-based learning experiences, students critically analyze individual, social and environmental factors that influence health. This course requires students to spend time off-campus serving at community agencies in order to successfully fulfill course requirements. FILA general education: experiential learning.

**Credits** 3

**Prerequisites**

[ENG-110](#); [ES-230](#); or permission of the instructor

**Term Offered**

Fall and Spring

**Session Cycle**

FS