## ES-186: Swordsmanship

This course introduces students to the use of the medieval longsword as taught by the German and Italian fechtmeister (fight or fencing masters) in the 14th and 15th centuries. Instruction will encompass fundamentals (stance, footwork, focus, initiative, etc.), principles of attack and defense and advanced techniques ("windings," close-quarter play, half-sword techniques). The chivalric attitudes of honor and courtesy will be emphasized in partner drills throughout the course. The evolution of swords and armor during that period will also be discussed. FILA general education: ES activity.

Credits 1
Term Offered
Fall Only
Session Cycle